INSTRUCTIONS FOR SPECIMEN PREPARATION AND HANDLING

SAMPLE STORAGE:
Store serum sample at 2-8 degrees Celsius until the sample can be packaged following the shipping and handling instructions. Unfrozen samples must be received in the laboratory within 8 days of collection.

LABELING POLICY:
Fill out the patient name and date of birth on barcoded labels provided in the kit. Apply one barcode label to each tube, and one barcode label to each copy of the Test Requisition Form. Return any leftover labels with the sample.

REQUISITION REQUIREMENTS:
Complete the Test Requisition Form including the following: collection date and time, patient’s first and last name, patient’s DOB, last four digits of the patient’s SSN, practitioner’s name and signature, ICD-10 codes, and patient’s billing information.

Note: Missing or incomplete test requisition information will delay processing and extend turnaround time.

Specimens not properly identified with two unique identifiers will not be accepted by the laboratory.

STEP 1

Note: Place the ice pack, or the entire small kit containing the ice pack, in the freezer for at least 24 hours prior to packing the specimen.

1. Draw 8.5 mL of the patient’s blood by performing a standard venipuncture procedure using a Serum Separation Tube (Tiger top).
2. Mix the blood in the tube by inverting 5 times.
3. Place a barcode label on the SST (Tiger top) to identify and label the sample.
4. Place tube in an upright position and allow the blood to clot for 30 minutes, but no longer than 2 hours.
5. Once the sample has completed clotting, centrifuge using manufacturer’s instructions.

STEP 2

1. Document the time and date of blood draw on the Test Requisition Form.
2. Record the phlebotomist’s initials.

To receive additional specimen transport kits: Call (844)277.4721
PACKAGING AND SHIPPING INSTRUCTIONS:

Note: Place the ice pack in the freezer for at least 24 hours prior to packing the specimen. Store serum sample at 2-8°C until the sample can be packaged following the instructions below.

**STEP 1**

Place the Serum Separator Tube into the biohazard bag. Remove the excess air and seal the bag along the zippered track.

Fold the Test Requisition Form into quarters and place in the side pocket of the biohazard bag along with leftover labels.

**STEP 2**

Remove the lid from the foam cooler. Place the frozen ice pack at in the bottom of the foam cooler.

Place the biohazard bag with the Serum Separator Tube on top of the ice pack.

**STEP 3**

Place the lid on the foam cooler ensuring the lid is completely closed.

Close the kit box and affix the Shipping Label provided to the outside of the kit box.

Contact FedEx online or call 1-800-463-3339 to schedule a pick up. Kits may also be dropped off at a FedEx shipping location.

To receive additional specimen transport kits: Call (844) 277.4721.