

## 3 Steps to Collect a Serum Sample

Store serum sample at 2-8 degrees Celsius until the sample can be packaged following the shipping and handling instructions. Unfrozen samples must be received in the laboratory within 8 days of collection.

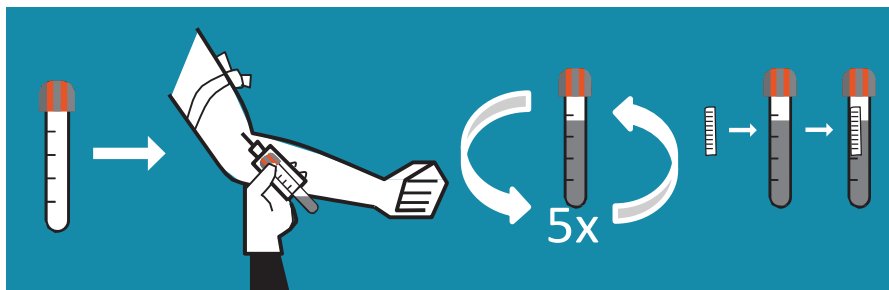
Fill out the patient name and date of birth on barcoded labels provided in the kit. Apply one barcode label to each tube, and one barcode label to each copy of the Test Requisition Form. Return any leftover labels with the sample.

Complete the Test Requisition Form including the following: collection date and time, patient's first and last name, patient's DOB, last four digits of the patient's SSN, practitioner's name and signature, ICD-9 or ICD-10 codes, and patient's billing information.

Note: Missing or incomplete test requisition information will delay processing and extend turnaround time. **Specimens not properly identified with two unique identifiers will not be accepted by the laboratory.**

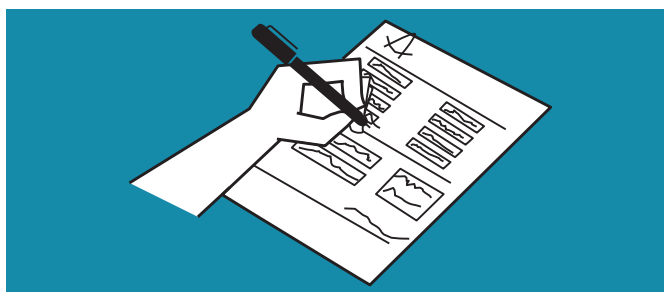
### STEP 1

- Draw 8.5 mL of the patient's blood by performing a standard venipuncture procedure using a Serum Separation Tube (Tiger top or Gold top).
- Mix the blood in the tube by inverting 5 times. Place a barcode label on the SST (tiger top or gold top) to identify and label the sample.
- Place tube in an upright position and allow the blood to clot for 30 minutes, but no longer than 2 hours.



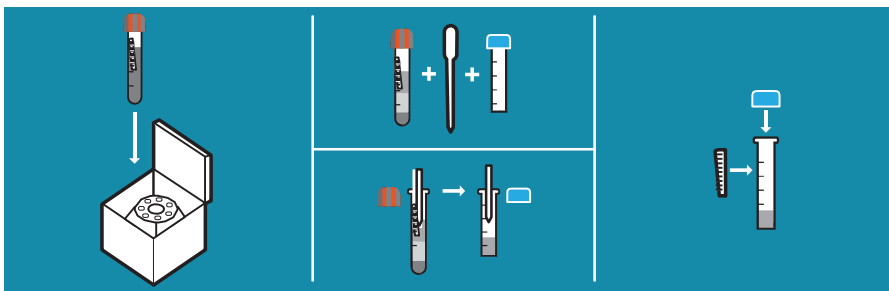
### STEP 2

- Document the time and date of blood draw on the top right-hand section of the Test Requisition Form.
- Record the phlebotomist's initials.



### STEP 3

- Once the sample has completed clotting, centrifuge using manufacturer's instructions.
- Once centrifuged, transfer 2 mL of serum from the SST to a separate pour off/aliquot tube (if available). Minimum volume accepted is 1.1mL. Do not transfer red blood cells or gel into the pour off/aliquot tube. The serum may be left in the SST tube if an aliquot tube is not available.



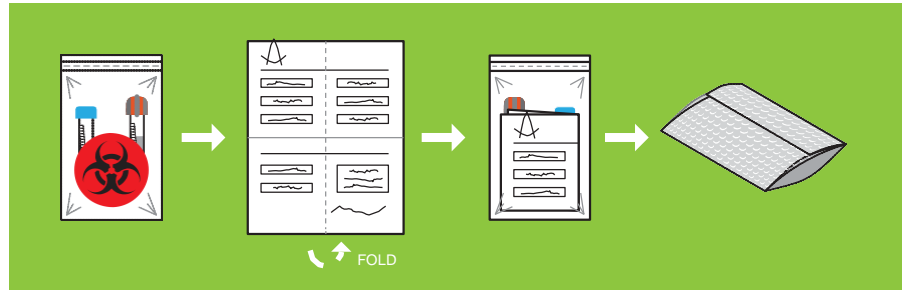
\*After separation, serum should be stored at 2-8° degrees.

## 3 Steps to Sample Shipping and Handling

Note: Store serum sample at 2-8°C until the sample can be packaged following the instructions below.

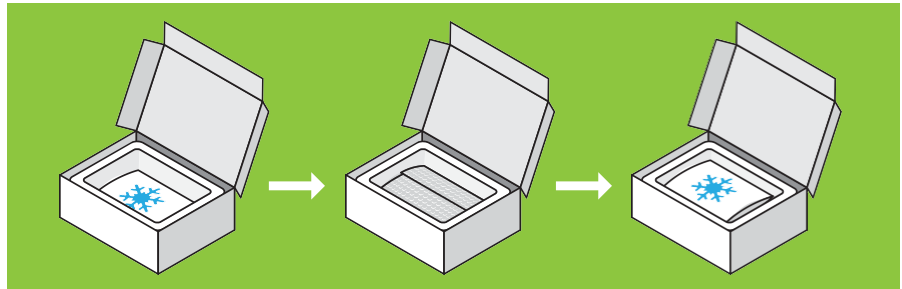
### STEP 1

- Place the Serum Separator Tube and Serum Transport Tube (if applicable) into the biohazard bag. Remove the excess air and seal the bag along the zippered track.
- Fold the Test Requisition Form into quarters and place in the side pocket of the biohazard bag along with leftover labels.
- Place the biohazard bag into the foil pouch (if provided in kit). Remove the adhesive liner, fold the flap, and seal the foil pouch.



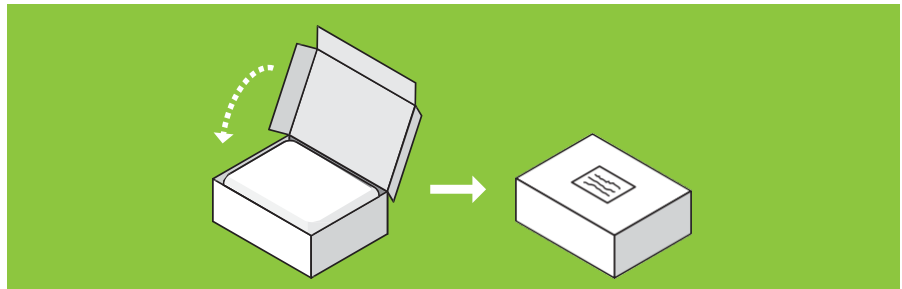
### STEP 2

- Remove the lid from the foam cooler. Place one frozen coolant pack at in the bottom of the foam cooler.
- If the kit includes a foil pouch, place it with the enclosed Serum Separator Tube and Serum Transport Tube on top of the coolant pack, ensuring the foil pouch is pushed down securely into the foam cooler.
- If applicable, place a second coolant pack on top of the foil pouch, ensuring the contents are packed in the foam cooler to allow the lid to be secured firmly.



### STEP 3

- Place the lid on the foam cooler ensuring the lid is completely closed.
- Close the kit box and affix the Shipping Label provided to the outside of the kit box.
- Contact FedEx online or call 1-800-463-3339 to schedule a pick up. Kits may also be dropped off at a FedEx shipping location.



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To receive additional specimen transport kits:  
Call (844) ASPiRA1 / (844) 277.4721